

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Matlou Taravelo Abel

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 02:01:48

**PACE** 05:48/km

**GENDER** 146 of

443

**OVERALL** 162 of 766

**SENIOR (20-** 88 of 215

39)

26 October 2019, Sat



